

NOVEMBER 2022, ISSUE 10

KAIWHAORA PĀNUI

KIA ORA ...

Welcome to the 10th edition of Kaiwhakaoranga Pānui

The Kaiwhakaoranga Specialist Case Management Service will be sharing this Pānui on a regular basis to help keep you connected and informed. In the Pānui, we will share updates about the service and important information from other agencies.

WE'RE HERE TO HELP YOU AND YOUR FAMILY

The Kaiwhakaoranga Specialist Case Management Service provides support for the community affected by the terror attacks of 15 March 2019 to access the services and help needed.

This may include help with employment, financial assistance, immigration, social support and other needs.

You do not need to receive financial assistance from MSD to be part of the service.

People who do not have a case manager can email support@msd.govt.nz or call 03 961 9257.

Summer is a great time to connect

The warmer weather provides a great opportunity to connect, with the great outdoors that Aotearoa New Zealand has to offer as well as catching up with friends and family.

This month's edition features a special message from Hon. Minister Radhakrishnan, providing information on Te Korowai Whetū Social Cohesion.

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Hope you enjoy this update and please let us know any feedback by emailing support@msd.govt.nz

Take care.

السلام عليكم
Assalamu Alaykum



Launching Te Korowai Whetū Social Cohesion

Kia ora koutou

It is a pleasure to share with you, the recently launched Te Korowai Whetū Social Cohesion, which includes a community fund supporting initiatives that bring out the best of our communities and a set of tools to help us collectively create a more cohesive society.



This delivers on specific recommendations of the Royal Commission of Inquiry into the March 15 mosque attacks and is a priority for this Government.

New Zealand is one of the most diverse nations in the world, and already ranks highly for a number of social cohesion outcomes by OECD standards, however, we know this is not experienced equally by all groups and there is more work to be done.

A cohesive society is one where everyone feels safe, respected, valued, a sense of belonging and is able to participate. It is a society that is inclusive and equitable and one where we can debate different views and ideas in ways that are respectful.

This piece of work is the result of nearly two years of work by so many across various communities and groups – and I want to thank everyone who has contributed to it. We now collectively have a role in strengthening our cohesion and we're backing communities to do more of what already works with the establishment of the Community Fund.

There is more information about Te Korowai Whetū Social Cohesion available later in this Pānui. Please do use it and encourage others to do so as well. We need to continue to work together to support whanau, families and communities to thrive.

Ngā mihi nui kia koutou katoa.

السلام عليكم

Assalamu Alaykum
Hon. Priyanca Radhakrishnan



Minister Radhakrishnan speaking at the Te Korowai Whetū Social Cohesion Launch at Takapūwāhia Marae in Porirua

Kaiwhakaoranga Service update From Marie



Kia ora, Assalamu alaikum, السلام عليكم,

I am looking forward to long sunshine hours, spending time with family and have been preparing my garden for a good summer harvest. I have shared some photos and would love to see photos of your garden - so email me if you want to share them.

The Kaiwhakaoranga Service has been busy helping people into work and there have been some positive outcomes. Congratulations to all the people who have started a new job - it is great to see that there continues to be a number of people starting work each month. We are pleased that people are accessing the available help to support them in their journey to work. You will see more information about this further in the Pānui.

If you are looking at studying next year it is good to be prepared and sort things out early. There is some StudyLink information provided in this Pānui to help you plan. Your Case Manager will also be able to help you work through your study preparation.

If you are a homeowner don't forget that rates rebates are available through your local council. These are income tested and have eligibility criteria. Check out your local council website or ask your Case Manager for help with this.

Lastly, please watch out for the Kaiwhakaoranga Service Survey coming your way soon. The survey provides an opportunity for you to let us know how we are doing and what we can do to improve our service to you.

If you have any questions about any content or need help, then please contact your Case Manager.

Marie Ward

Kaiwhakaoranga Service Manager

marie.ward001@msd.govt.nz. or 029 290 4718



Kaiwhakaoranga Notices

Sydenham Drop-In

If you are part of the affected community and would like support from the Kaiwhakaoranga Service, you can come and see us at our Drop-In Service at Sydenham Service Centre, **Monday to Friday between 10:00am and 12:00pm.**

If you already have a Kaiwhakaoranga Case Manager, please contact them in the usual way.

Service Centre Updates

New Brighton Service Centre reopening

The New Brighton Service Centre has been refurbished and reopened on 2 November 2022.

Hornby Service Centre closure

The Hornby Service Centre will be closed for refurbishment from Wednesday, 9 November and will reopen on Tuesday, 6 December 2022.

Sydenham Service Centre
39 Durham Street South
Sydenham



support@msd.govt.nz



(03) 961 9257

Thinking of studying next year?



It is best to start planning early to ensure you get accepted and any funding is sorted out.

StudyLink can help you make informed choices about your student finance, how to apply for it and manage it online.

StudyLink may be able to help pay for your study through allowances and loans, including:

- compulsory course fees
- course-related costs (e.g., books, laptop)
- day-to-day living costs
- other costs (e.g., disability or childcare).

How much you can get depends on your age, income and course type and other eligibility criteria. To see if you are eligible for support, please contact your Case Manager or email support@msd.govt.nz.

StudyLink recommend the following steps to work out if you can afford to study

1. Finalise what and where to study

You need to have an idea of what you're going to study and where you'll be studying before you can properly estimate how much it's going to cost you.

For more information see: [What and where to study](#).

2. Work out how much study will cost

There's lots of things you'll need to pay for while you study.

For more information see: [Your costs while studying](#)

3. See how you'll pay for it

There are lots of ways you can pay for your study costs.

For more information see: [How to pay for your study](#).

4. Do a budget

You can use the Sorted budget calculator to estimate how much you'll need to pay for your study.

For more information see: [Sorted budget calculator](#)

Once you've done a budget, you'll have an idea of whether or not you can afford to study.

For more information see [StudyLink's website](#) or speak to your Kaiwhakaoranga Case Manager.



Customer Service Skills Training



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIATO ORA



A new employment programme has started

The Ministry of Social Development has a new Skills for Industry Partnership with Flourish Education Consultancy New Zealand.

This partnership involves a 4-week pre-employment programme that supports people from Ethnic Communities into employment within the Customer Service industry. This programme is led by Flourish and supported by the Kaiwhakaoranga service. The aim is to get all participants trained, upskilled and into sustainable employment by the end of the programme.

The first intake started on 25 October 2022 with great enthusiasm. A number of people from the community are enrolled in this intake and we are hoping to have further intakes available in the future. Please contact your Case Manager to register your interest for future intakes.

Please contact your Case Manager or email support@msd.govt.nz to find out more.



Job Preparation Seminars

We are continuing to run employment seminars to help people search for work in New Zealand.

These seminars cover:

- Preparing and planning to work in New Zealand
- Applying for jobs in New Zealand
- New Zealand workplace culture and literacy
- Getting international qualifications recognised
- Preparing your CV and cover letter
- MSD products and services.

These are held fortnightly, and we have heard good feedback from those who have previously attended.

Please contact your Case Manager or email support@msd.govt.nz



Connected  **Employment,
Education
& Training**
.govt.nz

Connecting Selwyn: Job Fair

Come and talk with employers and businesses from across Selwyn and Canterbury.

10-11:30am
Tuesday 22 November 2022
Rolleston Community Centre,
94 Rolleston Drive

For more information see Page 17 or see [Connected's website](#).

Pathways to Employment Ngā kaupapa hunga whakarere



NEW ZEALAND
RED CROSS
RĪPEKA WHERE AOTEAROA

Pathways to
Employment
Ngā Ara ki te Whai Mahi

New Zealand Red Cross' mission is to improve the lives of vulnerable people by mobilising the power of humanity and enhancing community resilience

New Zealand Red Cross has been successfully delivering their Pathways to Employment programme (P2E) since 2011. The service was developed in response to the employment challenges facing former refugees in New Zealand.

Their goal is to assist former refugees to find employment that uses their skills and abilities and is appropriate to their individual circumstances. They also work with employers to ensure a favourable outcome for all.

Pathways to Employment Services

- Offers language support in a variety of languages as well as cross-cultural support for both client and employer
- Provides comprehensive, client-centred career and employment advice, and language assessments
- Provides employment support upon arrival in the community
- Helps to find jobs in New Zealand at any stage of the job seeker's employment journey, including helping plan employment and career goals, assisting with the writing of CV's and cover letters, coaching on interview skills, finding work experiences, sustainable jobs and creating employment opportunities
- Delivers a variety of employment workshops
- Provide a safe, trusting, and humanitarian environment for all job seekers with a refugee background aged 18 to 65
- Advocates with employers on behalf of job seekers



For more information see the [Red Cross Pathways to Employment website](#) as well as their [brochures in different languages](#).

Who do the Pathways to Employment Team Support?

If you are a former refugee or were impacted by March 15 and are seeking educational or employment opportunities, and/or are currently on the Work and Income benefit, please get in touch with Pathways to Employment.

Regardless of your background, the Pathways to Employment team offer employment support to job seekers in Christchurch who were impacted by March 15. You can self-refer, or agencies can refer clients to Pathways to Employment at any time.

Pathways to Employment Christchurch Contacts

- Manager: Pooja Thakkar, 027 216 2572
- Community Champion: Humaira Hakeemi, 027 207 6976



*The Christchurch Red Cross Pathways to Employment Team.
From left: Indermohan Singla, Pooja Thakkar, Gabrielle Humphreys, Humaira Hakeemi*

Your Case Manager can help connect you.

For more information see the [Red Cross Pathways to Employment website](#) as well as their [brochures in different languages](#).

Working to strengthen Te Korowai Whetū social cohesion in New Zealand.

Te Korowai Whetū Social Cohesion strategic framework

The Royal Commission of Inquiry into the terrorist attack in Christchurch on 15 March 2019 made recommendations to improve social cohesion in Aotearoa New Zealand. As part of the work to carry out those social cohesion recommendations, the Ministry of Social Development (MSD) spoke to a wide range of people and communities about developing a strategic framework to improve and measure social cohesion across Aotearoa New Zealand. These conversations or engagements happened between July 2021 and March 2022.

The following is an outline of Te Korowai Whetū Social Cohesion strategic framework:

Te Tiriti o Waitangi and social cohesion

Te Tiriti o Waitangi provides a blueprint for social cohesion in Aotearoa New Zealand. It sets the terms of a partnership between Tangata Whenua and the Crown, where Tangata Tiriti can be welcome in Aotearoa New Zealand, and Māori are recognised as Tangata Whenua.

In alignment with Te Tiriti o Waitangi, our Te Korowai Whetū Social Cohesion strategic framework includes themes of belonging, connection, participation, equity and inclusion.

A definition and vision for social cohesion

The Royal Commission of Inquiry provided a definition of social cohesion which was discussed with communities. Following their feedback, social cohesion in Aotearoa New Zealand was defined where: All people, whānau and communities connect and feel a sense of belonging, are able to participate, are recognised and respected, are equitably included and have trust in others and in government organisations.

This definition informs the vision of social cohesion we want to work towards in Aotearoa New Zealand where, “people, families, whānau and communities are thriving together”.

This vision is at the centre of our Te Korowai Whetū Social Cohesion strategic framework.



Te Korowai Whetū Social Cohesion action areas

Te Korowai Whetū Social Cohesion strategic framework includes six areas we can work on to achieve our 'vision'. They are:

1. Tackling discrimination or people being treated differently because of race, age, gender, disability, sexuality or other differences
2. Encouraging and creating positive opportunities for diverse groups to grow and connect
3. Supporting participation in important activities like voting, employment or education, etc
4. Supporting wellbeing and addressing barriers to wellbeing
5. Fostering inclusiveness and shared values
6. Protecting our society and the environment for future generations.

Te Korowai Whetū Social Cohesion outcomes

Te Korowai Whetū Social Cohesion strategic framework includes a set of outcomes to help with evaluating and measuring progress in the five action areas.

These five outcomes are that people, whānau and communities are:

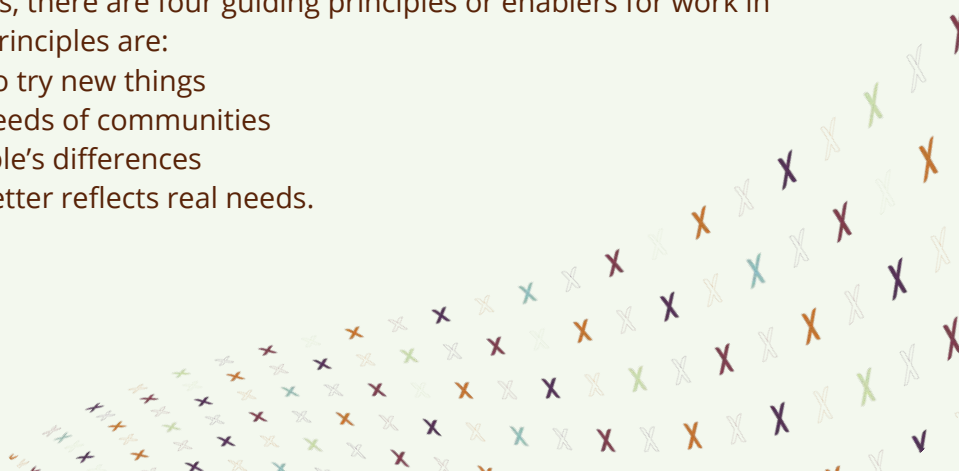
1. Connected and feel like they belong
2. Willing and able to participate
3. Included and experience equity
4. Recognised for who they are and respect others
5. Trusting of each other and public organisations.

We'll also make progress towards our Te Korowai Whetū Social Cohesion vision by working to make the places where people live, work, play and learn more safe, inclusive and supportive. This includes work to make the systems and services in our society more fair and able to respond to different needs and issues.

Te Korowai Whetū Social Cohesion guiding principles

Based on discussions with communities, there are four guiding principles or enablers for work in each of the six action areas. The four principles are:

1. Brave leadership and willingness to try new things
2. Being led by the aspirations and needs of communities
3. Flexibility and acknowledging people's differences
4. Inclusive data and research that better reflects real needs.



Te Korowai Whetū Social Cohesion tools and resources

Te Korowai Whetū Social Cohesion includes a package of tools and resources to support New Zealanders' collective social cohesion efforts. These tools and resources were developed based on feedback and input from communities and other key stakeholders. Te Korowai Whetū Social Cohesion strategic framework is part of this package. It also includes other information resources and a community fund.

Te Korowai Whetū Social Cohesion tools and resources are for everyone to use – from government agencies, NGOs and business to individuals, whānau and communities. Everyone can make a contribution to social cohesion.

[Check out Te Korowai Whetū Social Cohesion tools and resources on the MSD website](#)

Te Korowai Whetū Social Cohesion community fund

The \$2 million Te Korowai Whetū Social Cohesion community fund is now for community-based social cohesion initiatives.

Communities already do a lot of work to support social cohesion. This funding will enable communities to create or progress their own social cohesion initiatives. Community initiatives have a big impact on bringing people together and breaking down barriers, whether it be sports days, A&P shows or cultural events. This fund will allow groups to do more of what strengthens our communities.

Information about eligibility criteria and the application process for the Te Korowai Whetū Social Cohesion community fund can be found online on the MSD website.

[Te Korowai Whetū Social Cohesion community fund on the MSD website](#)





Collective Impact Board INVITATION

The Collective Impact Board warmly invites members of the Muslim Community affected by the 15 March 2019 terrorist attack to a presentation and feedback hui.

GUEST SPEAKERS

- **Ministry of Social Development:** Kaiwhakaoranga Service
- **15 March Project:** Phase One preliminary findings

After the presentations the Board will give an update on their work programme and be available to hear feedback. Depending on attendance the Board may break into language groups for the feedback.

ONLINE – ZOOM

Saturday 26 November 2022, 10AM to 12PM (NZ TIME)

<https://zoom.us/j/99806969388pwd=VWlBcnpLdDBWMitzOWVWakpW0XINQT09>

Meeting ID: 998 0696 9388

Passcode: nbEnj3M38d

IN-PERSON

Sunday 27 November 2022, 10AM to 12.30PM (NZ TIME)

Te Hāpua Mohoao, 341 Halswell Road

~~ A light lunch will be provided 12pm to 12.30pm ~~

**Please RSVP to AskCIB@msd.govt.nz by
Thursday 24 November 2022**

www.collectiveimpactboard.org.nz

On the 30th of October, Muslim women came together with other women in the community for the Sow a Lyttel Seed Women's Volleyball Tournament

Over the weekend of the 30th of October, over fifty women came together to play volleyball and enjoy a day of fun and laughter. The first ever Sow a Lyttel Seed tournament, organised by Noraini Abbas and Cathy Lum-Webb, was a great success.

Coached by the Philippine Momshies Volleyball players and Canterbury Volleyball coaches, the ladies have all been practicing since July to grow their volleyball skills and be ready for the tournament. It was great to see the hard work paying off, with a high level of skills being shown on the day.

The competition was tight and every point hard fought for, with the Sunflowers team announced as tournament champions.

All participants received a certificate and medals were awarded to the winning team, Most Valuable Player - Muslim, Most Valuable Player - non-Muslim as well as the Mythical Six.

Following the awards ceremony, participants engaged in an activity to strengthen connections and shared Kai was provided by [InCommon](#).

For those participating, the day was about more than winning - it was about forging friendships, connecting and having fun.

If you are interested in playing women's volleyball, please send an email sals.community2022@gmail.com or call Noraini on 021 070 1912.





Saving a point



*Chief Organisers
Noraini and Cathy*



Celebrating a win



Setting the ball



The Amazing Captains



Team work!

"When you sow a seed of kindness and empathy, it grows into fifty-one trees of love and hope"

Exploring the amazing Banks Peninsula

Here in Christchurch we are lucky to have the amazing Banks peninsula (Horomaka) on our doorstep.



View from Quail Island (Ōtamahui)

There are so many activities you can do in Banks Peninsula:

- Catch the ferry from Lyttelton to Quail Island (Ōtamahui) for the day. The beautiful and pest free Ōtamahua is home to historic sites such as the ship's graveyard and quarantine barracks. It has swimming beaches and a bird-watching barricade.
- Drive along the Summit Road - a spectacular drive providing fantastic views of Akaroa and the Bays of Banks Peninsula
- Bike the Christchurch to Little River Rail Trail
- Look for semi-precious gem stones at Birdlings Flat
- Wander along the water-front of French inspired village of Akaroa & The Bays » Akaroa & The Bays, visiting the many shops along the way
- Walk the variety of walks with stunning views. Walks range from those suitable for beginners to more challenging multi-day walks for experienced trampers
- Take to the water - kayaking or boating in Akaroa or Diamond Harbours
- Catch the ferry to Diamond Harbour and catch fish from the jetty
- Go camping at one of the bays like Okains Bay



Further information on exploring Banks Pensinsula

- [Christchurch NZ](#)
- [i-Site Visit Akaroa](#)
- [Banks Peninsula Walks](#)
- [DOC - Places to go: Banks Peninsula](#)
- [DOC - Places to go: Awarua I Godley Head](#)

Staying safe this summer | Water Safety



New Zealand has 15,000 kilometres of coastline to explore as well as many rivers, lakes and mountains. Enjoying our beaches, rivers and pools this summer can be both fun and safe, especially if you follow a few basic safety tips.

Learn to swim

It is important you and your children are able to swim, even if you are not actively involved in water sports. Swimming lessons are available for all ages and levels of ability.

See Christchurch City Council's [Learn to Swim](#) and [Women's only swimming sessions](#)

Always supervise children near water

Keeping a watch on your children when they're near water is the single most important precaution you can take. Proper supervision in and around water means a responsible adult keeps young children in their care both within sight and within reach.

Wear a Life Jacket

Life Jackets are an essential piece of safety equipment when boating and fishing and taking part in other water sports such as jet skiing, paddle boarding etc. For more information visit [Maritime New Zealand](#).



At the beach

The sea can be unpredictable. Rogue or large waves move really quickly and unexpectedly and can sweep kids away or knock them off their feet. Rips are strong currents of water flowing away from shore through the surf zone and can be deadly.

Learn more about [Rips on the Surf Life Saving NZ website](#).

Some beaches in New Zealand are patrolled by surf lifeguards. On patrolled beaches, surf lifeguards put up yellow and red flags. The area between the flags is constantly monitored and is the safest place to swim at the beach. See the [Surf Life Saving NZ website](#) for more info.



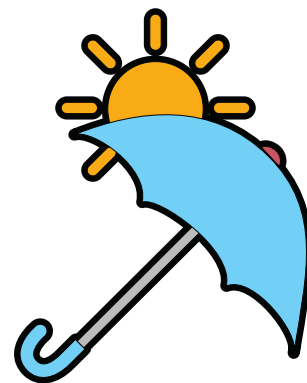
Further information on water safety in New Zealand

- [Health Navigator: Staying safe in the water this summer](#)
- [Immigration New Zealand: Stay water safe this summer](#)
- <https://www.surflifesaving.org.nz/>

Staying safe this summer | Sun Safety

New Zealand sunlight can have high levels of ultraviolet (UV) radiation which can cause skin and eye damage. Experts are warning New Zealanders to be extra cautious this summer, with UV radiation levels averages expected to be higher than last year.

You can protect yourself and your children by following SunSmart's **SLIP, SLOP, SLAP and WRAP** advice, especially when outside between 10am and 4pm.



Slip on clothing

Slip on clothing that covers as much skin as possible. Wear long sleeve shirts, pants or skirts to protect you from the sun. Fabrics with a tighter weave will give you better protection from the sun.



Slip into some shade

Slip into the shade of a leafy tree, building or shade sail. Plan your outdoor activities for early or later in the day when the sun's UV levels are lower.



Slop on plenty of broad-spectrum, water-resistant sunscreen

of at least SPF 30. An average-sized adult needs a teaspoon of sunscreen for their head and neck, each limb and for the front and the back of the body. Apply 20 minutes before going outside and reapply every two hours, or after being in water or sweating.



Slop on a hat or headwear

Wear a hat with a wide brim or with flaps covering the ears and neck. More people are sunburnt on the face and neck than any other part of the body. A hijab is helpful but you may want to wear a hat over your hijab to shade your face.



Wrap on sunglasses

Choose close fitting, wrap around style sunglasses. Not all sunglasses protect against UV radiation, so always check the label for the sun protection rating.

[Read the New Zealand Association of Optometrists \(NZAO\) information on sunglasses](#)

Further information on sun safety in New Zealand

- [SunSmart New Zealand](#)
- [Cancer Society New Zealand](#)
- [Health Navigator New Zealand | Sun Safety](#)

COVID-19 rules now relaxed

The traffic lights ended on Monday, 12 September 2022, however there are currently high levels of COVID-19 cases in the community.

Key points

- You no longer need to wear masks except in healthcare settings. For example, you must wear a face mask when visiting doctors, pharmacies and hospitals. See [here](#) for more information.
- You are encouraged to wear a mask in crowded places, such as public transport, or when visiting people who are high risk.
- If you test positive for COVID-19 then you must still isolate for 7 days.

Self isolation and testing positive for COVID-19

If you test positive:

- The self-isolation period remains at 7 days.
- You must stay at home and avoid contact with other people in your household.
- Report your positive result online at [My COVID19 record](#) or by calling the helpline on 0800 222 478
- Household contacts do not need to isolate. They should test daily for 5 days. If they test positive, they need to begin 7 days of isolation as someone with COVID-19.
- You can end your self-isolation 7 days after your symptoms started or you tested positive, whichever came first.

If you are self-isolating and need support you can contact your Case Manager Monday to Friday 8:30am to 5:00pm. You can call the COVID-19 Welfare Response Team on 0800 512 337, they are available between 8:00am and 1:00pm on Saturdays and statutory holidays.

Vaccinations

Getting vaccinated is the number one thing New Zealanders can do to help relieve pressure on our health system this winter.

A **second COVID-19 booster** is available for:

- everyone over the age of 50 and recommended for anyone over the age of 65
- Māori and Pacific Peoples older than 50
- people who are severely immunocompromised
- health, aged-care and disability workers over the age of 30.

Anyone who is eligible for a second booster can get one from:

- walk-in and drive-through vaccination centres
- booking online using [BookMyVaccine](#)
- calling the COVID Vaccination Healthline on [0800 28 29 26](#).

Flu shots are available by booking with GPs or local pharmacies.

Diagnosis, testing and treatment for COVID-19 is free. It does not matter what your citizenship, visa status, nationality or medical insurance coverage is.

For the latest COVID-19 information please visit the following websites:

- [Ministry of Health](#)
- [Unite against COVID-19](#)
- [Care in the Community](#)

**Unite
against
COVID-19**

Mental Health and Wellbeing

Need to talk?



There are several counselling options available to you:

- Free call or text **1737** any time, day or night, to talk with a trained counsellor
- Talk to your **General Practitioner** (GP). If you don't have a GP, and would like help to find one, then please let your Case Manager know.
- **Purapura Whetu** - Visit the Muslim Wellbeing website, call (03) 379 8001 or muslimwellbeing@pw.maori.nz.
- **Christchurch Resettlement Services** (CRS) - can provide support for people who are migrants and refugees. See [CRS](#) website or call (03) 335 0311.
- **Diversity Counselling New Zealand** - offer four free phone or online counselling sessions. Services are provided by ethnic, registered professional counsellors and clinical psychologists in Arabic, Somali, Amharic, Hindi, Tamil, Sinhalese, German, Bemba, French, Mandarin, Japanese, English, Bengali, Punjabi, Korean, Telugu, Nyanja and Spanish. For other languages, they use professional interpreters. Call 0800 143 269 or text on (021) 0262 5587 between 9am to 5pm, Monday to Friday.
- The **Canterbury Charity Hospital** offers free counselling services. Visit the [Charity Hospital](#) website or call (03) 360 2266.
- **Victim Support** can connect you to counselling. Visit [Victim Support's](#) website, talk to your Victim Support worker or call 0800 842 846.
- The **Women's Centre** offers free counselling services for women. Visit the [Women's Centre](#) website or call (03) 371 7414.
- **Canterbury Men's Centre** offers counselling for men. Visit the [Canterbury Men's Centre](#) website or call (03) 365 9000.

Youth Support

There are a number of organisations providing support for children and youth:



- **YouthLine** - free call **0800 376 633** or free text **234** to be connected to a counsellor trained to support young people.
- Free call or text **1737** any time, day or night, to talk with a trained counsellor.
- **298 Youth Health** provides free counselling and medical care for children and young people aged 10 to 24 years. Visit the [298 Youth Health](#) website or call (03) 943 9298.
- For support for wellbeing concerns for your child or young person:
 - For 0-12 years - support coordinated by **Family Works**. Email janiceh@psusi.org.nz or phone (03) 363 8214
 - For 13-24 years - **Manu Ka Rere** is a free service for young people who are seeking wellbeing support. They offer face to face counselling, group work therapy, education and other activities. Email office@manukarere.org.nz or phone (03) 281 7616



The Kaiwhakaoranga Service can help either directly or by supporting access to the following services:

Employment



- Help with job applications - CV, cover letter
- Support to develop an employment plan
- Training and upskilling for employment pathways
- Interview skills and job preparation
- Support to get NZQA qualification recognition

Professional



Support to access or help with:

- Immigration processes
- Legal advice / victim support
- Education pathways, such as ESOL
- Driver's licencing

Financial



- Work and Income benefits
- MSD Accommodation Supplement
- IRD Tax Credits
- ACC Payments
- Self-employment flexi wage
- Supporting access to budgeting and financial planning support

Housing



- Support to access private rentals
- Support to access pathways to home ownership
- Support to apply for public housing including completing a housing assessment
- Support finding temporary housing solutions

Social and Community



Support to access:

- General interest groups
- Sports and team activities
- Volunteering

Health and Wellbeing



Support to access:

- Counselling and mental health support
- ACC health and wellbeing support
- Medical professionals e.g. GP's, Nurses, Dentists
- Well child and public health programmes

If you don't see the service you need above, then please contact us and we will see if we can help.



support@msd.govt.nz



(03) 961 9257

Connecting you to your community...

Connected  Employment,
Education
& Training
.govt.nz

Connecting Selwyn: Job Fair

Are you looking for work, or training options?

Come and talk with local businesses about local jobs, and hear about Christchurch jobs that are available for you too. People of all ages and experience levels are welcome.

Bring your CV, or simply chat with employers about what you have to offer their workplace. And you can talk with training providers about their courses that pathway into employment.

**Tuesday 22 November
10:00 - 11:30am**

**Rolleston Community Centre
94 Rolleston Drive
Rolleston**



**Please register to attend by emailing:
connectedhornby@msd.govt.nz**

Te Kāwanatanga o Aotearoa
New Zealand Government



**In
your
region**



