

# Te Huringa ō Te Ao – Supporting men’s behaviour change

## About Te Huringa ō Te Ao

Te Huringa ō Te Ao is a new family violence service that supports sustainable behaviour change for men to restore whānau wellbeing.

This service is for tāne and men harming and hurting their partners and children, who realise it is time for change.

Te Huringa ō Te Ao is for all tāne and men across New Zealand and offers a wide variety of flexible, proactive, and culturally responsive support that encourages men to reconnect with themselves, whānau, and community. This support is tailored to meet the holistic needs of tāne, men and whānau, while continually challenging men to own their behaviour, to be safe and to keep safe. This represents a shift away from short-term, prescribed programmes, and towards a system that puts the responsibility on men to be safe and keep safe.

Te Huringa ō Te Ao aims to create opportunities for local communities to reimagine support for men harming others by centering whānau voice. Together, we aim to think differently in how we support men on their journeys of change to break the cycles of violence, and to create and sustain intergenerational change.

## Te Huringa ō Te Ao formative research

To develop our initial thinking and inform our approach for Te Huringa ō Te Ao, we:

- Commissioned research to collect the voices of men using violence.
- Completed a literature scan focused on what support is currently available for men using violence.
- Synthesised sector engagement from 2018 to 2022.
- Incorporated learnings from our other work programmes to date, such as Whānau Resilience.
- Sought input from a wide range of internal and external stakeholders across the family violence sector.

A list of the research and readings that informed our approach for Te Huringa ō Te Ao is available below.

## Research and readings that informed our approach

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